

## RELEASE & WAIVER OF LIABILITY

### RELEASE AND INDEMNIFICATION FORM

**READ CAREFULLY BEFORE SIGNING**

In consideration of the acceptance of my entry in the Tiki Trot 5K & Fun Run,

1. I hereby agree to comply with all the rules, regulations and event instructions of the Tiki Trot 5K & Fun Run and its directors.
2. For myself, my executors administrators, heirs, next of kin, successors and assigns, I HEREBY (a) wave and release any and all claims that I may have against the Tiki Trot 5K & Fun Run, its event committee, their officers, directors, members, volunteers, employees, sponsors, or any one or more of their executors, administrators, heirs, next of kin, successors or assigns (their releases) including any and all claims for damage caused by the event and its related activities, together with any costs, including attorney's fees, that may be incurred as a result of any such claim whether valid or not, and (b) indemnify and hold harmless and release each of them against any such claim that I or my guests or any one or more of my or their executors, administrators, heirs, next of kin, successors or assigns may have or assert and against any costs including attorney's fee with respect thereto.
3. I hereby acknowledge that I have sole responsibility for my personal possessions and athletic equipment during the Tiki Trot 5K & Fun Run event and its related activities.
4. I hereby acknowledge that participation in the Tiki Trot 5K & Fun Run carries potential hazards. I therefore release the Tiki Trot 5K & Fun Run, its event committee, their officers, directors, members, volunteers, employees or sponsors of any liability resulting from injury or death during the event and its related activities.
5. I hereby attest and verify that I am physically fit and have sufficiently trained for this competition and that my physical condition has been verified by a licensed medical doctor.
6. I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident and / or illness during the Tiki Trot 5K & Fun Run.
7. I hereby acknowledge that refunds will not be given for injuries, illness, schedule conflicts, inclement weather, etc. I also understand and agree that in the event of race cancellation or alteration due to storm, rain, inclement seas, or weather, winds or other "Acts of God" conditions, my enrollment fee shall be non-refundable.
8. I grant full permission to the Versailles-Woodford County Parks & Recreation Department, all sponsors and/or agents authorized by them, to use any photographs, videotapes, motion pictures, recordings or any other record of this event for any purpose.

\_\_\_\_\_  
Signature of participant or guardian

\_\_\_\_\_  
Date

**Mail to:** Versailles-Woodford Co. Parks & Recreation  
Attn: Tiki Trot 5K & Fun Run  
275 Beasley Drive  
Versailles, KY 40383

**Versailles / Woodford Co. Parks & Recreation  
275 Beasley Drive  
Versailles, KY 40383**



**August 1, 2009**

**Woodford County Park  
Versailles, KY**

***Proceeds Benefit the Parks &  
Recreation Scholarship Fund***

**THANKS TO OUR SPONSORS:**



# Ricardo's Grill & Pub TIKI TROT 5K & FUN RUN

## Location

Woodford County Park is in Versailles, KY, just 10 miles west of Lexington, 60 miles east of Louisville, 100 miles south of Cincinnati and 180 miles north of Knoxville.

## About the Race

The Tiki Trot 5K and Fun Run is a fun, family oriented event held at the Woodford County Park on a cross country course. Keeping with the theme, the course will be lit with Tiki Torches and all race finishers will receive a very special welcome as they cross the finish line.

Proceeds benefit the Versailles-Woodford County Park Scholarship Fund. This fund offers assistance to individuals and families with financial need so they can participate in Parks & Recreation programs as well as utilize the Falling Springs Arts and Recreation Center. Scholarships are used to provide aid for adult and children in programs such as youth basketball, Start Smart sports programs, martial arts, swim lessons, fitness programs and more. Scholarships are also used to help cover costs of passes to the Falling Springs Center.

Everyone deserves a chance to move, be active and get healthy. Your participation in the Tiki Trot 5K and Fun Run will help make that happen!

## Course Description

This event is for participants of all ages and skill levels.

- **1-Mile Fun Run/Walk Course** — Enjoy a torch lit walk or run on a 1-mile course on the County Park Trails.
- **5K Course** — The 5K course will be on the Woodford County Park cross-country course. This course is one of the most challenging cross-country courses in the state. Whether you walk or run, your sure to enjoy this beautiful course. The route will be further enhanced by lit Tiki Torches that will light the course on race day. It will make for a perfect summer evening walk or run! **(5K race entry includes the Fun Run!)**

For a detailed course map, you may see our website at [www.fallingsprings.net](http://www.fallingsprings.net) or pick up copies at the Falling Springs Arts & Recreation Center (available July 1).

## Aid Stations

There will be aid stations with water at the 1 mile and 2 mile markers on the run course as well as at the finish line.

## Entry Fees

By 7/24/09		After 7/24/09	
5K	\$20	5k	\$25
Fun Run	\$10	Fun Run	\$15

## NOTE:

**TO RECEIVE A COMMEMORATIVE RACE SHIRT, YOU MUST REGISTER BY 7/27/09. SHIRTS ARE NOT GUARANTEED TO PARTICIPANTS WHO REGISTER AFTER 7/27/09.**

## Registration Information

- Registrations are accepted by mail, online at [www.active.com](http://www.active.com) or at the Falling Springs Center.

## Race Day

- Race packets may be picked and race day registrations will be accepted between 5 PM and 6:45PM
- The 1 Mile Fun Run/Walk will begin at 7 PM
- The 5K will begin at 8 PM

## Awards

Awards will be given at the Outdoor Splash Pool at Falling Springs Center after the race, so plan to stick around for the Ruggles Sign Company Moonlight Swim! We will have plenty to eat, door prizes, food and much more! Awards will be presented to the top overall male and female finishers and to the top finishers in each age group (age groups are in 5 year increments from 14 & under through 60+).

## Volunteers

Anyone wishing to volunteer to help with the race should contact Dawn at 859.873.5948 or at [dqueen@fallingsprings.net](mailto:dqueen@fallingsprings.net).

## Refund Policy

Your payment will be returned if it is received after the event fills. Refunds are not given for injuries, illness, schedule conflicts, inclement weather, etc. after July 27, 2009. The Versailles-Woodford County Parks & Recreation Department may deem it necessary to alter the format of or cancel events for safety reasons due to inclement weather, course conditions, or other unforeseen circumstances. If the course is altered due to any unforeseen circumstances, there will be no refunds. For insurance purposes, there is no transferring of bib numbers to another athlete.

## Event Questions

If you have questions, please call Dawn at 859.873.5948 or [dqueen@fallingsprings.net](mailto:dqueen@fallingsprings.net). Race info and online registration is available at [www.active.com](http://www.active.com).

## TIKI TROT 5K & FUN RUN REGISTRATION (ENTRIES ARE NON-TRANSFERABLE)

Name \_\_\_\_\_ Sex: M / F

Age on 12/31/09 \_\_\_\_\_ Birth date \_\_\_\_\_

Address \_\_\_\_\_

City / State / Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Evening Phone \_\_\_\_\_

Email Address: \_\_\_\_\_

Check Race:  5K  Fun Run

Are you Physically Challenged? \_\_\_\_\_

Shirt Size (Circle):

YS YM YL AS AM ALG AXL AXXL

Entry Fees: (check one)

\$20 5K  \$10 Fun Run

After July 24:

\$25 5K  \$15 Fun Run

Amount Enclosed: \_\_\_\_\_

Method of Payment: Cash  Check  Credit Card

Credit Card # \_\_\_\_\_

Expiration \_\_\_\_\_ Security Code \_\_\_\_\_

I authorize the Versailles-Woodford County Parks & Recreation Department to charge my credit card in the above listed amount.

Card Holder's Signature \_\_\_\_\_ Date \_\_\_\_\_

Please make checks payable to: VWCPRD

Release & Waiver of Liability Required...  
**PLEASE READ AND SIGN BACK !!!**



## Ruggles Sign Company MOONLIGHT SWIM

Join us at the Falling Springs Outdoor Splash Pool immediately following the Tiki Trot 5K and Fun Run for awards, music, games, door prizes, food and fun! All race participants and their families are admitted free of charge with a race bib!

**Don't forget your bathing suit and towel as you run and swim for a good cause!**

DETACH & MAIL WITH PAYMENT